

#### **ALHAMBRA HIGH SCHOOL** 3839 W. CAMELBACK ROAD PHOENIX, AZ 85019



### PART OF SOMETHING **GET INVOLVED IN YOUR HIGH SCHOOL!**

#### ALHAMBRA - ATHLETIC SEASONS

Fall Cross Country, Badminton, Football, Girls Volleyball, Girls Golf, Boys Golf,

Season Cheerleading, Marching Band, Swim & Dive

Boys Basketball, Cirls Basketball, Cheerleading, Boys Soccer, Cirls Soccer, Winter

**IMPORTANT** 

Season Wrestling

Boys Volleyball, Baseball, Softball, Girls Tennis, Boys Tennis, eSports, Spring

Season Track & Field



## ALHAMBRA - TRYOUTS

For FALL SPORTS, tryouts start the week of:

Monday, July 22nd - Football

Monday, August 3rd - Badminton, Boys & Girls Golf, Girls Volleyball, Boys & Girls Cross Country, Boys & Girls Swim, and Spirit Line (cheer)

For WINTER SPORTS, tryouts start the week of: Monday, October 26th - Boys & Girls Basketball, Boys & Girls Soccer, Wrestling, and Spirit Line (cheer)

For SPRING SPORTS, tryouts start the week of: Monday, February 1st - Baseball, Softball, Boys & Girls Tennis, Track & Field, and Boys Volleyball

#### HOW YOU CAN JOIN A CLUB

Club membership is open to all students with the primary goal of "student connectedness". Being a part of clubs and activities will enhance and uplift students' overall high school experience. At Alhambra, see Ms. Moreno in the athletic office to determine the clubs sponsor and/or meeting dates and times.

## WHAT YOU NEED TO DO SO YOU CAN PLAY

Athletes must be cleared prior to any participation in any sport. The following are required:

1. On Register My Athlete www.registermyathlete.com. Parent/Guardian must register the



- 2. Scan and upload your completed AIA Sports Physical Form-dated after Mar. 1st
- 3. Turn in at the Athletics' Office: Proof of **Insurance**, completed **AIA Sports Physical** Forms, Receipt that the \$2.00 playing fee has been paid, Brainbook Concussion Certificate - Go to: aiaonline.org - AIA Academy - Brainbook - (scan and upload certificate to Register My Athlete)
- 4. After you make the team, \$2.00 playing fee must be paid at the bookstore
- 5. Complete the **Consent to Treat** form on **Register My Athlete**
- 6. Enrolled in at least 5 classes

# ALHAMBRA - CLUBS

Academic Decathlon **Athletic Club Best Buddies** Choir

Future Bus. Leaders of Am. **Future Medical Leaders** Graffiti Busters/Recycle Club

Spanish Club Spirit Line

Student Government

**Anime Club** Newspaper/Yearbook **Black Student Union** Be a Leader/AVID Club **Future Educators of AZ** Gay/Straight Alliance **National Honors Society** Native Am. Youth Coun. Special Olympics **Vocational Skills** 

Art Club Band Chess Dance **ROTC Guitar Club** Drama **Fashion Club** 

Yoga/Meditation

**Sports Medicine** 

**Scavenger Hunts Future Freshman Orientation** 



Freshman Orientation

Open House